



Tuesday, February 13th, 2024

7:30 AM - 3:00PM Aims Community College, Greeley, CO

Attendance

Over **200** nurses, nurse managers, nurse educators, nursing students, CNAs, LPNs registered for the 2024 conference.

Survey Results

Over **99%** of attendees Agreed and Strongly Agreed that the interactive teaching strategies enhanced their learning and that they will be able to list one practice they will adopt or change as a result of this offering.

Contact Hours

A total of **5.5** Contact Hours were awarded to attendees who attended 100% of the activity and completed the evaluation form.

Sessions offered

- **Mature Nursing & Caring Science: Transforming self and system through Caritas Theory and Love**
 - Jean Watson, PhD, RN, AHN-BC, FAAN, LL (AAN)
- **Workplace Violence Prevention in Healthcare**
 - Paul Hooten, MA, LPC and Kevin Darnell
- **Learned Optimism**
 - Jovanna Brunner, MPH
- **Self Investment in Personal Care**
 - Lisa Marini

Resources and Activities offered

- Greeley Central Jazz Ensemble at welcome
- therapy dogs
- massage chairs
- Colorado Cares under the Department of Emergency Preparedness
- Colorado Emergency Nurses Association

TESTIMONIALS FROM ATTENDEES

"I am so glad to have the ability to attend, my heart is full - I am so grateful .. you made me feel so good."

"Excellent conference. Last year was great but this year was even better! Great meals. Loved the time to mingle and check out the vendors. Loved the interactive nature of presentations and journal provided for ongoing learning and reflection. "

"As a student, I absolutely absolutely love today! I loved the nursing theory presentation that discussed ways to better incorporate compassion into patient care. I appreciate the discussion of how to handle workplace violence as a student who is unsure how to handle the situations. I think my favorite part of today was the speaker on how to retrain our brains to be more positive and how to more effectively begin self-care habits. Thank you so much for inviting us nursing students! "

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